

| Reserve League Table 2023 | | | | | | | | | | | | | | Last 5 Results | | | | |
|---------------------------|----|------|---|----|------|------|------|---|---|------|------|------|-----------|----------------|---|---|---|---|
| Team | Pl | Home | | | | | Away | | | | | Diff | Pts | | | | | |
| | | W | D | L | G.F. | G.A. | W | D | L | G.F. | G.A. | | | | | | | |
| Centurion Blues | 22 | 8 | 1 | 2 | 31 | 12 | 9 | 0 | 2 | 23 | 8 | 34 | 52 | W | W | W | L | W |
| University of Pretoria | 22 | 8 | 1 | 2 | 27 | 9 | 7 | 2 | 2 | 30 | 9 | 39 | 48 | W | W | W | L | W |
| Berea Albion | 22 | 6 | 1 | 4 | 23 | 14 | 9 | 0 | 2 | 27 | 12 | 24 | 46 | W | W | D | W | W |
| Falcons FC | 22 | 8 | 1 | 2 | 22 | 10 | 6 | 2 | 3 | 22 | 10 | 24 | 45 | L | W | D | W | W |
| Sporting CP | 22 | 7 | 0 | 4 | 30 | 20 | 6 | 2 | 3 | 23 | 16 | 17 | 41 | L | L | W | L | W |
| Glenwegians | 22 | 7 | 2 | 2 | 26 | 5 | 4 | 2 | 5 | 25 | 17 | 29 | 37 | L | W | D | L | W |
| CFA Midstream | 22 | 7 | 1 | 3 | 21 | 12 | 5 | 0 | 6 | 9 | 14 | 4 | 37 | W | L | W | L | W |
| Orchards United | 22 | 5 | 2 | 4 | 19 | 17 | 4 | 0 | 7 | 17 | 37 | -18 | 29 | D | W | W | L | L |
| Arcadia Shepherds | 22 | 3 | 2 | 6 | 8 | 20 | 2 | 0 | 9 | 10 | 23 | -25 | 17 | D | L | L | L | L |
| Hellenic | 22 | 2 | 1 | 8 | 15 | 31 | 2 | 2 | 7 | 5 | 23 | -34 | 15 | D | L | D | W | L |
| Hollandia | 22 | 2 | 1 | 8 | 6 | 23 | 1 | 1 | 9 | 9 | 34 | -42 | 11 | L | L | L | L | W |
| Highlands City | 22 | 0 | 0 | 11 | 1 | 34 | 1 | 2 | 8 | 7 | 26 | -52 | 5 | D | L | L | L | L |