

| 1st Division League Table 2023 | | | | | | | | | | | | | | Last 5 Results | | | | |
|--------------------------------|----|------|---|----|------|------|------|---|----|------|------|------|-----------|----------------|---|---|---|---|
| Team | Pl | Home | | | | | Away | | | | | Diff | Pts | | | | | |
| | | W | D | L | G.F. | G.A. | W | D | L | G.F. | G.A. | | | | | | | |
| Rockefvs | 28 | 10 | 1 | 3 | 46 | 10 | 11 | 1 | 2 | 60 | 17 | 79 | 65 | L | W | W | W | W |
| DFK | 28 | 10 | 0 | 4 | 34 | 10 | 10 | 3 | 1 | 40 | 12 | 52 | 63 | W | W | W | L | W |
| Hammer Boys FC I | 28 | 9 | 1 | 4 | 36 | 23 | 10 | 1 | 3 | 42 | 19 | 36 | 59 | W | W | W | W | W |
| Rangers | 28 | 9 | 2 | 4 | 47 | 22 | 6 | 4 | 3 | 36 | 14 | 47 | 51 | D | D | L | W | W |
| Hammer Boys FC II | 27 | 8 | 3 | 3 | 32 | 9 | 7 | 3 | 3 | 25 | 12 | 36 | 51 | W | D | W | L | W |
| Capital City I | 28 | 5 | 8 | 1 | 24 | 16 | 6 | 5 | 3 | 34 | 14 | 28 | 46 | D | D | L | L | L |
| CBCOB I | 27 | 4 | 7 | 2 | 17 | 11 | 7 | 4 | 3 | 22 | 9 | 19 | 44 | D | D | L | W | L |
| CFA Midstream | 28 | 7 | 4 | 3 | 26 | 28 | 4 | 3 | 7 | 22 | 34 | -14 | 40 | D | L | L | W | L |
| Glenwegians | 28 | 5 | 3 | 7 | 33 | 42 | 5 | 2 | 6 | 27 | 31 | -13 | 35 | L | W | L | W | D |
| Falcons FC | 28 | 5 | 2 | 5 | 16 | 23 | 4 | 3 | 9 | 16 | 34 | -25 | 32 | W | D | W | L | W |
| CBCOB II | 28 | 5 | 1 | 6 | 19 | 19 | 4 | 1 | 11 | 11 | 29 | -18 | 29 | L | D | L | L | L |
| Arcadia Shepherds | 28 | 4 | 2 | 8 | 20 | 26 | 3 | 5 | 6 | 23 | 29 | -12 | 28 | D | D | W | L | W |
| Wallmannsthal Cadets | 28 | 2 | 3 | 9 | 16 | 39 | 2 | 1 | 11 | 10 | 52 | -65 | 16 | L | L | L | W | L |
| Inter United | 28 | 3 | 2 | 11 | 10 | 33 | 0 | 3 | 9 | 3 | 34 | -54 | 14 | L | D | L | L | L |
| Capital City II | 28 | 2 | 2 | 10 | 13 | 63 | 1 | 2 | 11 | 3 | 49 | -96 | 13 | D | L | W | L | L |